



# A Morning Celtic Retreat

*Saturday November 13 2010*

*Sponsored Metro Atlanta Emergent Cohorts  
at Druid Hills Baptist Church*

*Presents: A Morning Celtic Retreat with  
Mary Meighan from Ireland...*

*An introduction to Celtic Spirituality.*

*An invitation to gently experience our ancient, yet living, Spiritual tradition.*

*Hear the main tenets of Celtic Spirituality and experience its rich wisdom.*

*During our time together hear poetry, myths, music, song, prayers and blessings express the openness and wonder of the Celtic Spirit. Begin to have a living sense of our tradition and bring a small part from the heart of Ireland into your everyday life.*

## Program

**10.00 am**    *Registration & Coffee*

**10:15 am**    *Gather together for a morning of introduction to the Celtic Spiritual tradition. In this spirit you will hear stories, music, song, poetry, prayers and blessings from our tradition.*

**1:00 pm**    *Lunch at Manuel's Tavern, a Southern take on an Irish pub, followed by a Presentation and Information Meeting for a "A Spiritual Journey to Ireland" in 2011.*

*Cost is \$25 per person for the Retreat (lunch is on your own)*



*May the raindrops fall lightly on your brow*

*May the soft winds freshen your spirit*

*May the sunshine brighten your heart*

*May the burdens of the day rest lightly upon you*

*May you be enfolded in a mantle of love. (Celtic Blessing)*

*Mary Meighan is the Founder and Director of Celtic Journeys. ([www.celticjourneys.com](http://www.celticjourneys.com))*

*Mary was born and raised in Belfast and has her home in County Wicklow, Ireland. Mary has a lifetime of experience making sacred journeys all over the world and a deep passion and understanding of her own native celtic culture.*

*Mary regularly visits other countries giving introductory talks on the Celtic Tradition, facilitating Celtic Workshops, and guiding retreats on Celtic Spirituality. Along with a degree in Psychology and a Masters degree in Social Work she has a Masters degree in Spirituality from Naropa University.*

*Seating is limited: Tickets are \$25 each. For tickets send a check or money order payable to Rev. Gregg Carlson 4221 Smithsonian Dr Tucker, GA 30084. For more information call: (404-805-0934) at [pastorgregg@hotmail.com](mailto:pastorgregg@hotmail.com).*